

# AGE RELATED JOBS *for Kids*

Ways to show that kids are wanted, needed and feel a sense of belonging

## FOR 18 MONTHS TO 3 YEARS

- Dust baseboards wearing a cloth glove
- Clean up small spills with cloth
- Wipe down drawers with wet cloth
- Get clean diaper and put soiled diaper in pail
- Pick up toys and put them in a toy box
- Pick up clothes and put them in laundry basket
- Help set the table with silverware
- Help load the dishwasher with silverware
- Turn off lights while being held
- Help Retrieve then carry the mail
- Pour pet food in a dish using a cup
- Help wipe off their own spot at the table
- Sort Laundry (White clothes from the dark)
- Pour dry ingredients while you cook
- Help stir while you cook

## FOR AGES 7 TO 10 YEARS

- Change sheets on the bed
- Prepare snacks, and light meals
- Pack lunch for school
- Load and unload dishwasher
- Wash dishes
- Mop the floors
- Help run the washer and dryer
- Fold clothes
- Put clean laundry away
- Help read recipes and take inventory
- Vacuum rugs and dust furniture
- Read to younger siblings
- Help bathe/dress younger siblings
- Help with projects around the house
- Take out garbage and recycle
- Help wash and vacuum the car

## FOR AGES 4 TO 6 YEARS

- Wake up in the morning with alarm clock
- Make own bed using a simple comforter
- Prepare simple breakfast/lunch/help clean up
- Put dishes in the dishwasher
- Empty dishwasher and stack dishes on counter
- Sort Laundry (White clothes from the dark)
- Move clothes from washer to dryer
- Fold cloths and towels
- Help with sweeping, vacuuming and dusting
- Clean their own sink with wipes
- Help with meal planning and preparation
- Help count/look for items at the grocery store
- Help measure ingredients
- Help water plants
- Help wash pets
- Swiffer the floors

## FOR AGES 11 TO 15 YEARS

- Babysit with training
- Do laundry, start to finish
- Prepare a simple meal one day a week
- Detailed housecleaning/ shower, toilets, etc
- Mow the lawn, plant garden , pull weeds
- Wash windows inside/lower windows outside
- In charge of pets
- Help organize closets, drawers and shelves
- Comparison shop for groceries etc.
- Buy groceries from a list
- Help with parents business
- Help younger siblings with reading/homework
- Wash and wax the car
- Using tools around the house/hammer etc

## FOR AGES 16 TO 18+ YEARS

- Run errands
- Maintain car
- Help with family budget
- Have their own banking account and maintain it